



## Discover a new career path or create additional profit for your business by integrating Colon Hydrotherapy. A growing profession supporting many health conditions NATURALLY and EFFECTIVELY.

Colon Hydrotherapy is the infusion of warm, purified and temperature regulated water into the large intestine (colon), the waste is hydrated, softened, resulting in evacuation through natural peristalsis. This is repeated several times during the session.

There are two professional methods of administering Colon Hydrotherapy, they are known as the open or closed systems. The International Association for Colon Hydrotherapy (I-ACT) represents both open and closed methods and it is a therapist's personal choice to which they choose to operate which can be either or both.

Our Colon Hydrotherapy School teaches using the LIBBE open device, we are also certified trainers for the Angel of Water open system Device. The open system infuses gravity feed, temperature regulated water via a pencil thin tube which you will self-insert in private after your consultation and instructions from a certified therapist.

See our YouTube video called "[Discovering Colon Hydrotherapy](#)" By Gumtree Retreat.

Colon Hydrotherapy or colonics as modern terminology refers it to dates back thousands of years to Egyptian times. It has been referred to by many names such as high enema and colon irrigation. This powerful treatment may assist the cleansing of the gut, and aid the body in restoring, boosting overall health and wellbeing.

Modern Colon Hydrotherapy treatments use FDA/TGA registered equipment operated by certified personnel. The procedure is private, safe and effective when standard operating procedures, regulations and guidelines are followed. Colon Hydrotherapy is becoming increasingly popular with health professionals including integrative Doctors.

Hippocrates said, "all disease begins in the gut" and recent scientific studies are proving that the health of the gut is the source of our ailments. The significance of Gut health and in addition the Microbiome is the core for overall health. The gut is like a central dashboard within the body, constantly influencing systems such as your immune system, your nervous system, your skin, your heart and of course your brain. If there are imbalances or malfunctions in the central dashboard you can expect malfunctions in the parts reliant on the proper functioning of it.

Colon Hydrotherapy plays a significant role in supporting gut health, cleansing, health maintenance, immunity, gut/brain connection, fitness and beauty.

Colon Hydrotherapy may be beneficial in the relief of many health conditions including:

- Constipation relief
- Bloating and gas
- Backaches
- Headaches
- Diarrhoea
- Poor digestion
- Irritable Bowel Syndrome (IBS)
- Skin conditions
- Irritability
- Difficult weight lost
- Insomnia
- Hypertension
- Arthritis
- Distended abdomen
- Chronic fatigue
- Depression
- Frequent colds
- Foul body odour
- Allergies
- Bad breath
- Asthma

# Becoming an I-ACT certified Colon Hydrotherapist:

By becoming an I-ACT certified Colon Hydrotherapist you have the opportunity to accelerate the natural healing of your clients/patients and start a new exciting business venture. Investing in a certification as a professional Colon Hydrotherapist sets you up with the knowledge you require to integrate this powerful therapy. In our training program you will be certified to use TGA and FDA registered professional equipment or if you are purchasing an Angel of Water device we will provide additional onsite device training at your clinic.

## About I-ACT:

I-ACT is the International Association for Colon Hydrotherapy. Based in the USA, I-ACT has set the professional standards as the premier professional organisation for Colon Hydrotherapy worldwide for over 35 years.

Being a full member of I-ACT ranks you with well-educated Colon Hydrotherapists nationally and internationally. I-ACT establishes the training standards, professional guidelines and is committed to work with the FDA, CE & TGA, international organisations, states and municipalities to sustain the safety of Colon Hydrotherapy.

Along with the incredible support and networking, your international membership entitles you to be certified to work professionally, internationally and receive many benefits such as discounts on seminars, conventions, educational training, the purchasing of colon hydrotherapy equipment and liability insurance discounts.

### I-ACT – Pre-requisites for Certification

Each student MUST have a high school diploma or equivalent requirements showing they have achieved high school graduation standards.

Each student MUST show proof that they have taken a CPR Class and have a current CPR card. This MUST be completed to gain certification, it is strongly recommended this be accomplished before entering training.

I-ACT recommends that each new student receive 1-3 colonics prior to entering training. This recommendation can be waived if the student has contraindications to receiving colonics.

### I-ACT has 4 levels of certification.

Colon Hydrotherapy Training - Allows you to practice professionally

Intermediate Level - Refer to I-ACT website for details

Advanced Level - Refer to I-ACT website for details

Instructor Level - Refer to I-ACT website for details

Syllabus details for other levels are available upon request or available on the I-ACT website.

[www.i-act.org](http://www.i-act.org)

***"Colon hydrotherapy, is a safe, effective method of removing waste from the large intestine, without the use of drugs. By introducing filtered and temperature regulated water into the colon, the waste is softened and loosened, resulting in evacuation through natural peristalsis. This process is repeated a few times during a session."***

**Beverley Blass I-ACT President**

## Your Certified Trainers:

Bringing over 30 years of professional experience in the holistic health care profession, Michelle and Andrew will share and inspire you with the powerful effects of internal and external cleansing.

Both Michelle and Andrew are the Australasia educators for the colon hydrotherapy LIBBE device, FDA registered colon hydrotherapy equipment. Certified instructors for the Angel of Water device, TGA and FDA registered colon hydrotherapy equipment. They are both certified National Board Colon Hydrotherapist (NBCHT) in the USA.

Additionally, they have years of experience in natural therapies such as massage, reflexology, aromatherapy and beauty therapy that they use to facilitate detoxifying and cleansing retreats.

As managers of the Colon Hydrotherapy department at Tony Robbins' Life & Wealth Mastery Programmes in Fiji, USA and Europe since 2005, they have conducted tens of thousands of treatments during this time. This lifetime worth of experience will be shared with you during your Colon Hydrotherapy training program.

Michelle is a certified Colon hydrotherapy Instructor for the International Association for Colon hydrotherapy (I-ACT) and was awarded 2012 I-ACT Instructor of the year. Andrew is a certified Colon Hydrotherapist at Advanced Level for the International Association for Colon hydrotherapy (I-ACT).

***“A balanced holistic lifestyle comes effortlessly when the mind, body and spirit are nourished and cleansed. This is the essence of health and vitality.” – Michelle & Andrew***

## Your Colon Hydrotherapy Training Will Consist of...

- Introductory shares of experience and plans
- Clinic and treatment room design options
- Health questionnaires
- Health consultations including designing client health programs
- Contraindications
- Equipment introduction
- Pre-treatment setup and shut down
- Pre-treatment introduction to client
- Client care and communication skills
- Post treatment procedures
- Anatomy & Physiology pre-treatment introduction
- Comprehensive training in how to operate the equipment including cleaning/sanitation procedures and equipment maintenance.
- Practical experience inclusive of clinic treatments.
- Business module including setting up and building your business
- Theory and practical skills required to certify with the I-ACT. This qualification is required to practice Colon Hydrotherapy professionally.
- Nutritional food cleansing techniques
- Complimentary therapies such as infrared sauna therapy

### Your personal experience

Take the opportunity to experience a full-body cleanse during your learning. This includes colon hydrotherapy treatments, infrared sauna treatments, detox foot baths, ear candling, rebounding, zen chi machine and delicious nutrition. All nutrition is dairy free, wheat free, suitable for vegetarian, vegan diets and prepared fresh from organic local ingredients.

Please inform prior to training of any personal dietary requirements or allergies.

**Daily Nutrition includes:** 2 fresh cold pressed juices, 1 homemade soup, 1 broth, 1 smoothie, Udo's oil and greens, probiotics, herbal teas and purified water.

## Post-Training Support Strategies:

### Advise for set up and treatment room layout

Share your vision and designs of your Colon Hydrotherapy treatment room, our experience will save you time and money with your new business venture. Provide us with your room dimensions, photos, and layout we will guide you through a design that is functional, safe, and aesthetically appealing for your clients.

### Success in your career.

You will be given a customised set of procedures to support your business to run smoothly and systematically.

## Discovering Colon Hydrotherapy:

Take a moment to watch our 5 minute video clip on youtube.

Click on the link below to view Discovering Colon Hydrotherapy.

<https://www.youtube.com/watch?v=4qO1rEL3qdE>

## Training Options:

### **Option 1: Complete I-ACT Colon Hydrotherapy Certification Training**

**Duration: 8 days on-site Training Plus 200 hours online study**

**Investment: \$4500.00 AUD Effective from 1st June 2021 \$5400.00**

This training allows you to work professionally and gain professional insurance.

The essential 200 hours online study will be set up prior to your 7 days on-site training.

Your on-site training will include 8 days of theory and device training.

Successful passing will qualify you with the International Association for Colon Hydrotherapy (I-ACT)

**I-ACT membership and exam fees are included in training fee.**

### **Option 2: LIBBE & Angel of Water Device Training ONLY**

**Duration: 5 days**

**Investment: \$2500.00 AUD Effective from 1st June 2021 \$2700.00**

This training allows you to assist in device cleaning and for device purchases for personal, home-use.

Your training will include 5 days of theory and practical work to allow you to own and operate a device.

## Training Dates in 2021:

- 2021 July 16<sup>th</sup> – 23<sup>rd</sup> on-site training (8 days) – Gumtree Retreat
- 2021 September 6<sup>th</sup> – 13<sup>th</sup> on-site training (8 days) – Gumtree Retreat
- 2021 November 8<sup>th</sup> – 15<sup>th</sup> on-site training (8 days) – Gumtree Retreat

Further training dates available based on mutual convenience.

Scheduled training dates and location may alter due to student numbers, this will be discussed during your enquiry.

Training begins each morning at 9.00am. Ends on the last day at 4.00pm.

It is advisable to arrive the afternoon before your training begins.

## Registration:

Once you have registered and made full payment for your training course, you will be sent the online login details.

## Cancellation Policy:

### **Option 1: Complete I-ACT Colon Hydrotherapy Certification Training**

#### **Investment \$4500 AUD**

Online component - once the online component is registered \$2000 is NON REFUNDABLE.

On-site component - The balance of \$2500 is only refunded if written notice is given 30 days prior to training start date. Cancellation within 30 days of training start date may only be granted to a future training date credit.

\*The \$2000.00 non-refundable amount in the policy covers cost which we have incurred such as payment for online studies, GST on your invoice and administration costs.

### **Option 2: LIBBE & Angel of Water Device Training ONLY**

#### **Investment: \$2500.00 AUD**

\$500 is NON REFUNDABLE.

The balance of \$2000 is only refunded if written notice is given 30 days prior to training start date.

Cancellation within 30 days of training start date may only be granted to a future training date credit.

\*The \$500.00 non-refundable amount in the policy covers cost which we have incurred such as, GST on your invoice and administration costs.

## **Available Training Locations\*** *\*Training location is customised upon enrolment.*

### **Option 1: Gumtree Retreat – Day Spa – 40 min drive from Coffs Harbour**

3570 Orara Way, KUNGALA NSW 2460

[www.gumtreeretreat.com](http://www.gumtreeretreat.com)

Andrew and Michelle's boutique day spa is situated on 40 acres of tranquil bush setting of the Orara River between Grafton and Coffs Harbour, Northern NSW AUSTRALIA.

There are daily flights from Brisbane and Sydney into Coffs Harbour airport with Qantas and Virgin Airlines.

Airport transfers from Coffs Harbour airport to Gumtree and return - \$25.00 each way.

Please inform us of your flight details and we will meet you at the airport upon arrival.

### **Option 2: Full Circle Health – Caringbah - Wellness Centre - Sydney**

354A Port Hacking Road (Sth), CARINGBAH NSW 2229 [www.fullcirclehealth.com.au](http://www.fullcirclehealth.com.au)

Our wellness centre is situated at Caringbah in the Sutherland Shire Sydney NSW AUSTRALIA.

Taxi or Uber transfers from Sydney airport to Caringbah.

Train transfers from Sydney airport to Caringbah on the Sutherland line

Please inform us of your flight details.

### **Option 3: Full Circle Health – Newport - Wellness Centre - Sydney**

Shop 2/370 Barrenjoey Road, NEWPORT NSW 2106

[www.northernbeachescolonhydrotherapy.com.au](http://www.northernbeachescolonhydrotherapy.com.au)

Our wellness centre is situated at Newport in the Northern Beaches of Sydney NSW AUSTRALIA.

Taxi or Uber transfers from Sydney airport to Newport

Train transfers from Sydney airport to Wynyard station then using the B line bus service to Mona Vale.

Newport is the next suburb from Mona Vale

### **Option 4: Onsite training at your location**

Onsite training at your location upon mutual agreement.

Equipment must be set up ready for training.

Minimum of 3 students for the class. Instructor/s travel and accommodation expenses reimbursed.

## **Accommodation options for Gumtree Retreat location:**

Please check with us regarding accommodation options before booking.

**Headlands Beach Guesthouse** at Arrawarra - 25min drive from our property Gumtree Retreat. Headlands Beach Guesthouse location is stunning, it has 3 guest rooms with their own private bathroom & TV. They also share a lounge, kitchen/laundry, pool.

You can view photos of the accommodation on our “School of Colon Hydrotherapy Australasia” Facebook page.

Headlands Beach Guesthouse

17 Headlands Road

ARRAWARRA NSW 2456

Val & Terri **Ph: 0417 240 440**

The Accommodation cost is NOT included in the training price.

Special student rate for 9 nights:

\$810 this is paid direct to the Guesthouse.

Please call Val & Terri to arrange accommodation.

If you require any extra nights, it is charged at \$90 per night.

Their Bank details are as follows. Quote your Name with the payment.

**Val & Terri Swan**

**BSB 732-537**

**Acc No. 511664**

\*Please speak with us so we can advise you on other accommodation options available for our Gumtree Retreat training location. We can also advise you on accommodation options available for the Sydney training locations.

## **What to bring:**

Course related training certificates, course study material, smart casual clothing, swimmers, comfortable closed inside shoes, walking shoes, hat. Avoid dresses and skirts as you will be demonstrating how to get on and off the LIBBE device.

Please inform us of your flight details.

# OPEN Colon Hydrotherapy System:

## COLON HYDROTHERAPY, THE HIGHEST QUALITY IN SAFETY AND SANITATION

- Gravity Fed or Pressure Controlled Flow
- Ultra-Violet and Sediment 5 Micron Water Purification
- Built in Filtration
- Automatic Temperature Safety Shut off Sensor
- Odourless Vent System
- Durable One-Piece Fibreglass Seat Base (table) with no crevices so no bacteria
- Clear Viewing Tube with Light and Flusher System
- Client Rinsing Sprayer
- Uses less than 6 Gallons of water per session
- LCD Timer
- Easy to Disinfect/Sanitize
- Easy to Operate, Therapist Assisted or Operated in Privacy for Dignity and Solitude
- Sterile, Disposable Rectal Tubes (size-of-pencil)
- Installation, Quick Reference, Operation Manuals
- So...Comfortable! All Features Included!
- NO LEAKS
- NO BLOWOUTS
- NO ODOR

## Income Projections:

Based on a low \$80 Aus Fee Per Session. Approximate session time: 60 minutes including cleaning.  
THIS DOES NOT CALCULATE WAGES

### Treatment consumables

Rectal tubes, disinfecting supplies, and linens cleaned. (Cost estimated at \$10 Aus per session).

NOTE: These figures are only estimates, government and geographical situations could be different in your area.

All amounts listed below are in Australian dollars.

Sessions per week	Estimated weekly income	Estimated weekly expenses	Estimate weekly gross profit	Estimated annual profit
5	\$400.00	\$50.00	\$350.00	\$18200.00
15	\$1200.00	\$150.00	\$1050.00	\$54600.00
30	\$2400.00	\$300.00	\$2100.00	\$109200.00





## Angel of Water Colon Hydrotherapy System: [www.lifestream.systems](http://www.lifestream.systems)

The Angel of Water's advanced design now brings elegance, simplicity and dignity to colon hydrotherapy. The Angel of Water Surround, a gravity-fed open design, is the premier colon hydrotherapy system and is the first choice for hospitals and clinics around the world. Whether used prior to endoscopic or radiological exam, as a pre-operative preparatory procedure, or for preventative maintenance programs, the Angel of Water is the safest, simplest and most effective solution for irrigating the colon.





## Student Testimonials:

*I also wanted to give you some feedback regarding my time with you and the training. Your ability to run an intense training whilst running a family life as well is impressive and you did well. I felt I was being looked after and really appreciated your level of care and your willingness to go the extra mile to cater for us. You two make a great team that is professionally and also personally as long as the responsibilities are clearly defined and equally valued. To feel as comfortable as I did speaks for you and your program. Congratulations! The food was delicious, the treatments helpful, the info in depth and the delivery clear.*

*So all in all my friends a job well done!!*

*With Love*

**Hardo Bottin**

Sunflower Clinic of Classical Homoeopathy and Nutritional Microscopy

HAHNDORF SA 5245 Australia

[www.sunflowerclinic.com.au](http://www.sunflowerclinic.com.au)

After having completed the 10 days of colon hydrotherapy training course with Michelle and Andrew I feel completely transformed. Not only do I physically feel amazing my whole view on colonics has totally changed. I went from liking the concept of a colonic but hating the actual experience of them to completely loving it!!

I feel very blessed to have had the opportunity to learn from such amazing people, their humour and kindness will not be forgotten and I can't recommend them enough.

Karly Campbell

Naturopath

Hope this is helpful for you, please feel free to drop us an email or phone if you have any further questions.

Looking forward to hearing from you.

*Andrew & Michelle*



3570 Orara Way KUNGALA NSW 2460

- POB 472 GRAFTON NSW 2460

- Phone 02 6649 4464

*Michelle King - I-ACT& Device Certified Instructor FMK2030192*  
*Andrew Law - Certified Device Instructor*

Revised April 2021